



Sumidouro and Carmo

Habitats:	Dry Atlantic Forest fragments and pasture.
Duration:	Full day, return for dinner.
Departure:	5:30
Journey time:	3 hours each way with stops en route.
What to take:	Passport, binoculars, telescope (if you have one), camera, sunscreen, hat, plenty of water, sturdy walking boots, a waterproof jacket (just in case). A light fleece can be useful in the early morning between May to August.
Useful info:	Transport is via air-conditioned minibus. A packed lunch is included in the excursion price.

The degraded remnant patches of Atlantic dry forest on the other side of the Serra dos Órgãos mountains are the stronghold of the threatened [Three-toed Jacamar](#), a species at one time considered common, but now only found in a few locations and listed as Vulnerable by BirdLife International. We have an excellent chance of seeing this and many other species on this full day trip.

This excursion takes in a variety of habitats including remnant patches of Atlantic dry forest, open grassy plains and wetlands. Most of the birding from roadside stops.

Key species:

Dusky-legged Guan	Ochre-faced Tody-Flycatcher
White-tailed Hawk	White-rumped Monjita
Bicoloured Hawk	Streamer-tailed Tyrant
American Kestrel	Long-tailed Tyrant
Bat Falcon	Curl-crested Jay
Red-legged Seriema	Tawny-headed Swallow
Blue-winged Macaw	Magpie Tanager
White-eyed Parakeet	Orange-headed Tanager
Scaly-headed Parrot	Hepatic Tanager
American Barn Owl	Gilt-edged Tanager
Planalto Hermit	Uniform Finch
Sapphire-spangled Emerald	Crested Oropendola
Three-toed Jacamar	Hooded Siskin
White-eared Puffbird	
Black-necked Aracari	
Serra Antwren	
Rio de Janeiro Antbird	
Red-eyed Thornbird	
Firewood-gatherer	
Hangnest Tody-Tyrant	



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Three-toed Jacamar (© Leonardo Pimentel)



Red-legged Seriema (© Leonardo Pimentel)



Streamer-tailed Tyrant (© Leonardo Pimentel)



White-tailed Hawk (© Adilei Carvalho da Cunha)