



Macaé de Cima

Habitat:	Montane Atlantic Forest
Duration:	Full day, returning mid to late afternoon
Departure:	06:00
Journey time:	2 hours each way
What to take:	Binoculars, camera, sunscreen, hat, insect repellent, water, sturdy walking boots, light fleece, and a waterproof jacket.
Useful info:	Transport is via air-conditioned minibus. Please bring your passport with you on this excursion. A packed lunch is included in the excursion price.

A trip to look for endemic birds of the Atlantic Forest highlands.

Reserva Ecológica de Macaé de Cima lies near the city of Nova Friburgo and comprises an area of montane forest reaching an altitude of c.1,400 m. On this excursion we make several stops at various altitudes, with most of our time spent at this private reserve at the top of the mountain, known for the work of the late renowned orchid expert David Miller.

The forest here offers some of the easiest access to high altitude Atlantic Forest specialities, with most of the birding done from the access road. Reserva Ecológica de Macaé de Cima also has hummingbird feeders that provide excellent photographic opportunities of highland species.

Target species:

Plumbeous Pigeon	Buff-fronted Foliage-gleaner
Brown-backed Parrotlet	White-collared Foliage-gleaner
Golden-tailed Parrotlet	Sharp-tailed Streamcreeper
Scale-throated Hermit	Sharp-billed Treehunter
Plovercrest	Drab-breasted Bamboo-Tyrant
White-throated Hummingbird	Ochre-faced Tody-Flycatcher
Brazilian Ruby	Southern Bristle-Tyrant
Amethyst Woodstar	Mottle-cheeked Tyrannulet
Yellow-browed Woodpecker	Serra do Mar Tyrannulet
Giant Antshrike	Shear-tailed Grey-Tyrant
Tufted Antshrike	Sharpbill
Rufous-backed Antwreio	Hooded Berryeater
Bertonis Antbird	Bare-throated Bellbird
Ochre-rumped Antbird	Black-and-gold Cotinga
Dusky-tailed Antbird	Saffron-crested Tyrant-Manakin
Rufous Gnateater	Serra do Mar Tyrant-Manakin
Rufous-tailed (Brazilian) Antthrush	Greenish Schiffornis
Black-billed Scythebill	Rufous-crowned Greenlet
Rufous-capped Spinetail	Chestnut-headed Tanager
Pallid Spinetail	Azure-shouldered Tanager
Red-eyed Thornbird	Bay-chested Warbling-Finch
White-browed Foliage-gleaner	Green-winged Saltator
Buff-browed Foliage-gleaner	White-browed Warbler